

# SEPTEMBER 2026

Daily literacy-building activities to share with your child.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 WRITING</b> Create a weather chart with your child using pictures and words for Sunny, Cloudy, and Rainy. Each morning this week, check off the day's weather together.	<b>2 PLAYING</b> Blow bubbles today. This strengthens muscles needed for speech. 	<b>3 TALKING</b> Discuss opposites. Show examples of big and small, night and day, light and dark.	<b>4 SINGING</b> Clap your hands to the beat of a favorite song. 	<b>5 COUNTING</b> Lace Cheerios-type cereal onto a piece of yarn. Count them as you go. 		
<b>6 READING</b> Read a book about insects that are active in late summer, like crickets or cicadas. Talk about how you can hear them at night.	<b>7 WRITING</b> Write your to-do list together. Have your child check off each task as it is completed. 	<b>8 PLAYING</b> Set up a tinkering station with materials like craft supplies, cardboard, and tape. Children can use their imaginations to create their own inventions.	<b>9 TALKING</b> Ask your child "What is your favorite game to play?" Talk about why and play it if you can.	<b>10 SINGING</b> Sing a favorite song in parts. You sing, then your child, then you, and so on.	<b>11 COUNTING</b> Count aloud as your child puts pebbles in a container one at a time, up to ten.	<b>12 READING</b> Read a story using different distinct voices for each character. 
<b>13 WRITING</b> Pop bubble wrap or play with squirt toys to develop muscles needed for writing.	<b>14 PLAYING</b> Tape a sheet of contact paper to the wall, sticky side out. See which toys stick and which do not.	<b>15 TALKING</b> Pick 3 random objects. Make up a story using them.	<b>16 SINGING</b> Play talent show. Each person sings a song or plays an instrument. (Instruments can be any noise-making items around the house.)	<b>17 COUNTING</b> Gather common items like a key, comb, toothbrush, and pen. With your child, arrange them from smallest to largest; then, reverse the order from largest to smallest.	<b>18 READING</b> Pick a favorite book. Ask your child to tell you what happens before you start reading.	<b>19 WRITING</b> Use your fingers to draw shapes in the air. Take turns guessing what each person drew.
<b>20 PLAYING</b> Go on a scavenger hunt. Look for things that begin with the "p" sound, like a plate, a pan, a pen.	<b>21 TALKING</b> Take turns telling each other simple stories. 	<b>22 SINGING</b> Sing or say "If You're Happy and You Know It." (Words are on the back. 	<b>23 COUNTING</b> Use toy blocks to measure how long something is. How many blocks long is your arm, your foot, etc.?	<b>24 READING</b> Hang up a piece of paper with the words to "Are You Sleeping?" and sing it every morning and night. (Words are on the back. 	<b>25 WRITING</b> Write your child's first name. Talk about the first letter of their name. Make the sound and say words that begin with the letter.	<b>26 PLAYING</b> Play "Hot and Cold." (Instructions are on the back. 
<b>27 TALKING</b> Use family photos to tell different stories. Encourage your child to tell a story.	<b>28 SINGING</b> Have a family sing-along. Each person gets to pick a favorite song.	<b>29 COUNTING</b> Count the number of people in your family. How many kids? How many grownups? How many pets?	<b>30 READING</b> Ask your child questions as you read to them today. <i>What do you think will happen next? Where did the little dog go?</i>			

## Playing to Learn New Words

Play and have fun with words:

- Read a book with lots of made-up words like "How Do You Wokka-Wokka?" by Elizabeth Bluemle. Try making up more words to go with the story.
- Silly poems are fun and can teach new vocabulary.
- Kids love riddles and jokes, which often use a "play on words." Laugh along as you talk about the answer to the riddle or joke.
- Having fun with words helps your child become more conscious of words and happy to keep learning.

### IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it clap your hands.  
(clap, clap)

If you're happy and you know it clap your hands.  
(clap, clap)

If you're happy and you know it and you really want to show it, if you're happy and you know it clap your hands.

(clap, clap)

OTHER VERSES: STOMP YOUR FEET! TURN AROUND! SHOUT HOORAY! DO ALL FOUR!

### ARE YOU SLEEPING?

Are you sleeping, are you sleeping?

Brother John, Brother John?

Morning bells are ringing, morning bells are ringing,

Ding ding dong, ding ding dong.



### HOT AND COLD

1. Select a household item for hiding.
2. The finder closes their eyes while the hider hides the item somewhere in the room.
3. The finder searches for the item while the hider provide clues.
4. When the finder is close to the item, the hider responds "you're hot!"
5. When the finder is far from the item, the hider responds "you're cold!"
6. Take turns being the hider and the finder.

## Books to Read this Month

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

### FOR READERS AGES 0-3

#### Sleepy Sheepy and the Sheepover

by Lucy Ruth Cummins

#### Ploof

by Ben Clanton and Andy Chou Musser

### FOR READERS AGES 3+

#### Jabari Tries

by Gaia Cornwall

#### There Are No Ants in this Book

by Rosemary Mosco

